



Dr. Matthew McDaniel, MD

NovaThreads Non-Surgical Facelift Post Treatment Instructions

Congratulations! You just experienced a NovaThreads Facelift. Here are your post treatment instructions and what to expect.

Results:

- It may take 2 weeks or longer for the treatment effect to be noticeable.
- Bruising and swelling is normal and expected.
- Asymmetry and irregularity of the tissues treated is common and will resolve.
- Pain at the injection site(s) is normal – this may last several days or even one week after treatment.
- Jaw pain is normal – this may last several days or even two weeks after treatment.

What you need to do:

- Avoid make-up for 48 hours.
- Avoid bathing and swimming for 48 hours after treatment, shower only.
- Avoid lasers, microneedling or skin tightening for 1-month post treatment.
- If you see any irregularity or puckering of the skin of the treated areas, you may gently massage those areas by applying a small amount of moisturizer and massaging in circular motions. You may repeat this 3 to 5 times a day.
- If any of the threads are exposed or start to extrude please contact Dr. McDaniel. Please notify us if this occurs regardless of whether you are able to return to the office or not.

When to call:

- If you experience increased redness, swelling, or pain at the injection area.
- If one or more of the threads begin to extrude and you are unable or unwilling to remove the thread.
- If you have any questions or concerns regarding your treatment.

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